

## Four Alabama Spas Named in Top 100 USA Spas for 2023



### The Spa at the Grand, Shoals, Ross Bridge, Montgomery, Grand National named Top 100 in USA

**January 30, 2024**— In the ever-evolving landscape of spa and wellness travel, 2023 proved to be a standout year across the United States. Spas of America, a dedicated platform in this niche, has officially released its highly anticipated Top 100 USA Spas of 2023, showcasing the favored retreats for those in pursuit of ultimate relaxation and well-being.

The Top 100 USA Spas of 2023 list showcases spas from 34 different states, with California leading the country with twenty spas, followed by Florida with ten, New York with size, and New Jersey and Colorado with five. Spas of America’s annual Top 100 USA Spas award provides valuable insights into the most popular spas of the year, determined by unique page views and consumer choices on [www.spasofamerica.com](http://www.spasofamerica.com). In a new criterion for 2023, all spas must uphold a Google Reviews rating of 4.0 or higher to be considered for inclusion. The complete list of the Top 100 USA Spas for 2023 can be viewed: [Click Here to Access Top 100 US Spas 2023](#) .

Four of the Top 100 USA Spas for 2023 hail from the state of Alabama, situated along the renowned RTJ Spa Trail. Owned by the Retirement Systems of Alabama and managed by PCH Hotels & Resorts, these esteemed spas are: [The Spa at Grand National](#), [The Spa at Ross Bridge](#), [The Spa at the Shoals](#), & [The Spa at Montgomery](#).



*The Spa at the Grand National, one of the awarded RTJ Spa Locations, Ranking in the Top 100 USA Spas of 2023*

Craig Oliver, president of Spas of America, highlighted the industry's revival, stating, “Consumers

are rediscovering and revisiting beloved wellness havens, exploring new and enticing resorts and hotels, and discovering experiences deeply rooted in fitness, fresh air, and a connection with nature.”

The RTJ Spa Trail, featuring six spas across Alabama, has garnered recognition for excellence. Taylor Fields, Corporate Director of Spa, Wellness, & Retail for PCH Hotels & Resorts, expressed gratitude, saying, “We are truly honored to have 4 of the 6 RTJ Spas represented as the best in the USA! All of our spas along the RTJ Spa Trail offer world-class experiences at a time when health and wellness are a priority for many. Our spas provide a unique experience and exude hospitality from the heart and soul.”

The other locations along the RTJ Spa Trail include the Autograph Grand Hotel & Spa in Point Clear, AL, and the Renaissance Mobile Battle House & Spa in Mobile, AL. For more information on the RTJ Spa Trail, visit [www.rtjspatrail.com](http://www.rtjspatrail.com) .

For media inquiries, please contact:

Taylor Fields

Corporate Director of Spa, Wellness, & Retail

PCH Hotels & Resorts

[Taylor.fields@pchresorts.com](mailto:Taylor.fields@pchresorts.com) 205-218-8231